



George Block USA Swimming's Technical Vice President

Coming to Grand Rapids Community College
One on One Stroke Analysis Clinic for Swimmers
Friday March 26th from 6pm to 9:30pm
Open to the first 60 Registered Swimmers

**Friday March 26th at GRCC Swimming Pool
6pm to 9:30pm to Analyze Swimming Strokes
For All High School and Age Group Swimmers
Open to the first 50 Registered Swimmers
Cost: \$25**

**After swimmers swim 25 yards Coach Block will
Give his analysis and critique on things the swimmer
can do to swim faster.**

Coaches are invited to attend a Coaches Clinic on the following day from 4:30 to 6pm
Cost: \$20

More about George Block

In his nearly three decades at Northside, Coach Block has developed 52 Texas high school State (UIL) gold medalists, over 285 high school All-Americans, USA Olympic Trials qualifiers in 1984-88-92-96 and 2000, and numerous National and Junior National Champions. He has produced 6 Olympians in three different sports (swimming, triathlon and pentathlon) and Olympic swimmers from three different countries (USA, Nicaragua and Algeria).

In 1987, USA Swimming awarded him the Phillips 66 Performance Award. In 1992, Coach Block was the Coca-Cola Texas Coach of Honor. In 1997, the United States Water Fitness Association named the Northside Aquatics Center the Top School District/Community Facility in the nation and Coach Block its Top Aquatics Director. From 1997-98, Coach Block served as president of the American Swimming Coaches Association (ASCA) and in 2000 was awarded the Silver Award of Excellence for 20 years of USA Swimming National finalists. He currently serves as USA Swimming's Technical Vice-President (2005-07); and is a Vice President of ASCA

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